

**EXHIBIT A**  
**EXCERPTS FROM THE DEPOSITION OF**  
**RAHUL GUPTA, M.D.**  
**09/11/2020**

IN THE UNITED STATES DISTRICT COURT  
FOR THE SOUTHERN DISTRICT OF WEST VIRGINIA

\* \* \* \* \*

THE CITY OF HUNTINGTON,

Plaintiff,

vs.

CIVIL ACTION  
NO. 3:17-01362

AMERISOURCEBERGEN DRUG  
CORPORATION, et al.,  
Defendants.

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CABELL COUNTY COMMISSION,  
Plaintiff,

vs.

CIVIL ACTION  
NO. 3:17-01665

AMERISOURCEBERGEN DRUG  
CORPORATION, et al.,  
  
Defendants.

\* \* \* \* \*

Videotaped and videoconference deposition  
of RAHUL GUPTA, M.D., taken by the Defendants under  
the Federal Rules of Civil Procedure in the above-  
entitled action, pursuant to notice, before Teresa  
S. Evans, a Registered Merit Reporter, all parties  
located remotely, on the 11th day of September,  
2020.

1 about?

2 A. I'm sorry, can you repeat that, please?

3 Q. Sure. What is your understanding of this  
4 case? What is it about?

5 A. My understanding is that this case is  
6 related to the number of overdose deaths and  
7 generally the suffering and the carnage that has  
8 occurred broadly in the state of West Virginia, but  
9 narrowly in Cabell County and the City of  
10 Huntington as a result of oversupply as well as the  
11 over-availability of prescription opioids and the  
12 consequences resulting from that.

13 Q. And what is the basis of your  
14 understanding? How did you come to have that  
15 understanding?

16 A. As I had mentioned before, that including  
17 my work as the Commissioner for the Bureau of  
18 Public Health as well as the State's chief health  
19 officer, having worked in this area, having read  
20 the reports as well as public records and accounts  
21 and have been deposed and involved in the workings  
22 of the Department of Health and Human Resources of  
23 West Virginia, is how I come about to have that  
24 understanding.

1 information and opinions about other issues, so if  
2 he's asked the questions, he'll respond.

3 A. I think one of the challenges for me is to  
4 be able to differentiate between what case and what  
5 specific legalities, so do let me know on that  
6 aspect as you ask those questions.

7 Q. I will, Doctor. Your answer is perfectly  
8 fine. I understood what you meant. Thank you. I  
9 just want to have one little clarifying question.  
10 When you said, "solve the problem we're facing," do  
11 you mean the opioid abuse problem in West Virginia?

12 A. Yes. And the public health ensuing crisis.

13 Q. Thank you. Doctor, do you have a general  
14 understanding of the system of distribution for  
15 prescription opioids?

16 A. My role as the State Health Commissioner  
17 and public health officer, I have a broad bird's  
18 eye view of the understanding of the system of  
19 distribution.

20 Q. What is that understanding, sir?

21 A. My understanding is that based on the quota  
22 that's determined by the DEA, manufacturers are  
23 able to produce the volume of those pills and then  
24 the distributors are able to - as registrants of

1 getting into clinical practice. I could not tell  
2 you exactly, but approximately -- I finished my  
3 residency was in 1999, so that would have been  
4 around the years based on my license, permitted  
5 license, that I would have filled out that process.

6 So I would be aware of the DEA  
7 registration process since that time.

8 Q. I see. Thank you. I -- my question was  
9 confusing. We started by talking about the system  
10 of distribution for controlled substances. When  
11 did you become generally aware of that system of  
12 distribution?

13 A. So it was -- it was more during my term as  
14 the health commissioner and the state health  
15 officer because I was engaged in addressing the  
16 opioid crisis and the public health consequences  
17 that I became more aware and became more in contact  
18 with the Board of Medicine, the Board of Pharmacy  
19 and the controlled substances monitoring program  
20 and that was the time during which I came to know  
21 much more about the process than I had previously.

22 Q. And beyond the requirements for all of the  
23 actors in the supply chain to be DEA registrants,  
24 what else have you learned about the -- that

1           You said you focus on the opioid --  
2     detailing the opioid crisis in that class. Does  
3     your investigation include the causes of the opioid  
4     epidemic?

5           A.     We have a discussion on the description of  
6     charts and historical perspective. We created -- I  
7     ordered - as one of the first acts of being a  
8     Commissioner - a historical perspective report that  
9     - it's online available - of West Virginia's opioid  
10    crisis from 2000 to 2015 data.

11           I take several pieces of information  
12    from that report, that's a public report, done  
13    under -- I believe, it was Governor Justice. And I  
14    use that as an example to talk about historical.  
15    We talk about, obviously, all aspects/facets --  
16    it's a pandemic -- it's an epidemic of epidemics.

17           We talk about all the consequences that  
18    are happening. And then we talk about things that  
19    we're doing to solve. The bottom line is, we do  
20    talk about, you know, how we got here; but our  
21    focus often is: How do we fix this?

22           And we want, you know, in West Virginia  
23    our students to understand that while we didn't  
24    break it, we'll have to fix it. And we're going to

1 the epidemic - at least the ones that you have the  
2 most information on - is that prescribers wrote too  
3 many prescriptions for opioids?

4 A. Could you please restate that question?

5 Q. Yes. Let me put it this way: Why do you  
6 discuss the volume of prescriptions in West  
7 Virginia and in the rest of the nation as part of  
8 this presentation focusing on supply-side factors?

9 A. Because the total volume that was available  
10 had a direct relationship and a correlation with  
11 the death and destruction that was happening  
12 related to overall overdoses in the state of West  
13 Virginia.

14 Q. And when you say that the "total volume  
15 that was available," do you mean the total volume  
16 of prescriptions?

17 A. "Prescription" is a surrogate for the  
18 amount of pills that were flowing through in  
19 communities across towns of West Virginia.

20 Q. And the number of prescriptions are a  
21 surrogate for the number of pills why, in your  
22 opinion?

23 A. Because that is probably the closest way  
24 for a public health commissioner like me to be able

1 to correlate. I would not have access to the  
2 actual data other than published reports, you know,  
3 to the tune of what we found later to be 780  
4 million or what have you pills.

5 We at the time - as I recollect -  
6 weren't really aware of actual numbers, or we were  
7 close to aware of that -- being aware of that, but  
8 at the same time, prescriptions is the way to have  
9 the pills out there. I mean, there is appropriate  
10 prescribing and there is inappropriate prescribing.

11 But at the end of the day, it is  
12 through prescriptions that the flow of the pills  
13 are gonna end up there and be diverted.

14 Q. Okay, Doctor, I think we're almost at noon  
15 now. Why don't we go ahead and take that lunch  
16 break for about, say, until 12:30 and then we can  
17 come back and opposing counsel can take their -- do  
18 their questioning?

19 A. Okay.

20 MR. COLANTONIO: Okay, thank you.

21 THE DEPONENT: Thank you.

22 VIDEO OPERATOR: Going off the record.

23 The time is 11:53 a.m.

24 (A recess was taken for lunch after



1 like to see the work that we had done replicated  
2 across the country and other areas as well.

3 We've had also -- hosted the  
4 then-secretary of HHS, Tom Price, as well as the  
5 counsel to the president, you know, to demonstrate  
6 and showcase what was happening in West Virginia  
7 with Kellyanne Conway.

8 Q. And I've heard this term before of social  
9 autopsy. Have you heard that term often?

10 A. Yes. We -- so we seeing the declines in  
11 death about 10 to 15 to 20 percent each year during  
12 my tenure from 2016 and prior to that to -- finally  
13 in 2017, I asked -- one of the responsibility of  
14 the Commissioner is to be able to produce reports.  
15 So I asked my department to work at cross  
16 structures in West Virginia - for example, the  
17 Medicaid program, the EMS program, the Office of  
18 Medical Examiner, the Board of Pharmacy, the Board  
19 of Medicine - payors, to create a social autopsy.

20 What that meant was: We went back to  
21 all of the thousand or so deaths in 2016 from  
22 overdose and we basically conducted - a simplistic  
23 way to say it - a CSI-type of investigation.

24 So we up and did, we wanted to learn

1 from the dead to help inform those who are living.

2 And one of the ways we did that is: We  
3 looked at every single death and we investigated  
4 their past one year prior to death and understand  
5 what happened, what led to them dying, and then we  
6 cataloged that and published that report.

7 That report helped form -- helped us  
8 form an opioid task force where we brought in  
9 experts from Johns Hopkins, Marshall University,  
10 West Virginia University, as I had helped create  
11 the Office of Drug Control Policy under the  
12 supervision of the State Health Office and  
13 Commissioner at the time.

14 The drug czar that I hired who was the  
15 former police chief of Huntington, West Virginia,  
16 he led this task force that came up with  
17 recommendations that then subsequently resulted in  
18 two pieces of legislation - the Senate Bill 273 and  
19 Senate Bill 272 in 2018 - one of which was called  
20 the Opioid Reduction Act.

21 Now, back to the social autopsy, why we  
22 ended up with the Senate -- two Senate bills  
23 essentially passing unanimously for both parties  
24 and being signed by the Governor is because of the

1 the monster is off their head.

2 "Now when I go to my family, I can  
3 actually have a conversation and remember it with  
4 my family. I can start to feel feelings. I feel  
5 I've come back from death. I can watch television,  
6 I can remember and I can understand what's  
7 happening."

8 So that piece -- it allows these  
9 medications allow you not to worry about just  
10 seeking your next fix; it allows you to actually  
11 get a job, have a purpose in life, rebuild your  
12 community, rebuild your family and actually be able  
13 to function.

14 Q. All right. So turning back to the  
15 evolution of this opioid problem in West Virginia,  
16 did you at some point see an evolution, a change,  
17 from opioids to heroin?

18 A. As I came in as the Commissioner in 2015, I  
19 think that evolution was occurring. I think we  
20 were starting to see some of the laws that had been  
21 taking place in 2012-2013 -- certainly Governor  
22 Tomblin had initiated the Governor's Advisory  
23 Committee on Substance Abuse and some of the  
24 results were happening.

1                   So we had a sliver of hope at the time  
2                   that, "Listen, I think we're starting to see a  
3                   light at the end of the tunnel" in the sense that,  
4                   look, we're seeing slight reductions, and that's in  
5                   the presentation you saw where I showed from 2015  
6                   to 2016, we went down 15 percent.

7                   So we were becoming very hopeful that  
8                   now perhaps the deaths will follow, meaning  
9                   reduction in deaths and suffering and other things.

10            Q.     I'm sorry, you said reduction -- reduction  
11            in --

12            A.     Reduction in deaths.

13            Q.     I'm sorry, you said you saw a slight  
14            reduction --

15            A.     Reduction in prescriptions. So we started  
16            to see from 2015 to 2016, about a 15 to 20 percent  
17            reduction in opioid prescriptions.

18            Q.     Okay.

19            A.     And then we were hopeful that we would  
20            start to see a reduction in deaths. But we didn't.  
21            And then we started to search that why that we're  
22            seeing reduction in prescribing but we're not  
23            seeing reduction in the deaths from overdose; we're  
24            not seeing significant reduction in the substances

1 of overdose people when they died.

2 And one of the elements that was  
3 happening at the time that, again, now it's easier  
4 -- a little bit more easier to recognize, is that  
5 every time law enforcement would go and do a drug  
6 bust of the bad docs, those people would end up on  
7 the street that once were addicted to medication --  
8 prescription medications, now would have to find --  
9 seek and find an alternative, and they would go to  
10 the street.

11 And then they started to use IV drugs,  
12 heroin. That was not the only reason it was  
13 happening. It was also because the supply of  
14 prescription drugs from a diversion standpoint was  
15 drying up a little bit.

16 So as the diverted drugs - opioid  
17 prescription drugs - were drying up, then people  
18 still needed that fix, as I explained the addiction  
19 pathway. That doesn't solve the problem. We were  
20 too naive to think just reducing the prescription  
21 -- diversions would just cure the problem.

22 And what actually happened is the  
23 opioid crisis began to evolve -- evolve into a  
24 second crisis, which would then started to become

1 this heroin crisis. As we were dealing with that  
2 current crisis within the first, a third crisis,  
3 which is --

4           You know, everyone asking -- you know,  
5 wanting to make most profit from its product, and  
6 we saw the -- this happen, the phenomenon happen,  
7 with -- where people were dealing heroin, frankly.  
8 So they found -- they realized that they could get  
9 a bigger profit if they were -- if they could cut  
10 their heroin with another substance that could  
11 still give the high or give the need that needs to  
12 be fed to the people.

13           That was called fentanyl. It was a  
14 clandestine lab-produced fentanyl that's about 50  
15 to 100 times more potent than morphine. So they  
16 would -- they began to cut the heroin with this  
17 substance on the street.

18           The problem that became for people who  
19 are addicted is: A, they wouldn't know that; the  
20 second, B, every time they inject themselves, not  
21 only are they risking HIV or hepatitis or what have  
22 you, but they're also basically playing Russian  
23 roulette with their life, because they wouldn't  
24 know if this is the time they were going to die/